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BOOK REVIEWS



IN CHARGE OF

M. E. CAMERON, R.N.

PROMPT AID TO THE INJURED. By Alvah H. Doty, M.D., Late Health Officer of the Port of New York; Late Major and Surgeon Ninth Regiment, N. G. N. J. Price, \$1.50. D. Appleton and Co., New York. Fifth edition.

A manual of instruction in the principles of prompt aid to the injured, including a chapter on hygiene and disinfection designed for civil and military use. In the new revised edition every effort has been made to increase the usefulness of a book already known and greatly esteemed by a large number of nurses.

HYGIENE OF THE NURSERY. By Louis Starr, M.D., LL.D. P. Blakiston's Son & Co., 1012 Walnut St., Philadelphia. Eighth edition. Price, \$1.00.

This book, devoted to "the general regimen and feeding of infants and children; massage and the domestic management of the ordinary emergencies of early life," has long been a favorite with mothers and nurses who specialize in the care of young children. In its eighth edition it has lost none of its popular features, and on the other hand has been largely amended to keep abreast with the constantly advancing methods in the care and management of infants and young children.

ANATOMY AND PHYSIOLOGY FOR NURSES. By Elizabeth R. Bundy, M.D., member of the medical staff of the Woman's Hospital of Philadelphia; gynæcologist, New Jersey Training School, Vineland; formerly adjunct professor of anatomy and demonstrator of anatomy in the Woman's Medical College of Pennsylvania; formerly superintendent of Connecticut Training School for Nurses, New Haven, etc. P. Blakiston's Son & Co., 1012 Walnut St., Philadelphia. Second edition. Price, \$1.75.

The second edition of Dr. Bundy's book, while it is more generous in the amount of matter, is still far too elementary for such schools as endeavor to give their pupil nurses a good course in anatomy and physiology. The text is remarkable for the clear and concise way that it sets forth the subject, and one cannot but feel regret that the writer gives such a limited number of words to the paragraph. In the preface to the first edition Dr. Bundy explains in some measure that the brevity with which she treats the subject is to meet the needs of the pupil nurse in

such schools as afford but limited time for study but it does not seem fair to give so very little time to a subject of so great importance.

STUDIES IN THE PSYCHOLOGY OF INTEMPERANCE. By G. E. Partridge, PH.D., author of "An Outline of Individual Study," "The Nervous Life," and "Genetic Philosophy of Education;" formerly lecturer in Clark University. Sturgis & Walton, New York. Price, \$1.00.

"The origin, nature, course of development, and meaning of those traits of human nature and the social life which have led men to use, to enjoy, to become habituated to, and sometimes to be destroyed by, intoxicating drinks." These are summed up to be the problem which the author seeks to solve. He finds the causes which induce the craving for alcoholic stimulants to be psychologic and social rather than physical, and indicates that the cure must be sought in educational and constructive measures rather than legal and negative; and that since the causes of drinking are largely social, the cure and control must also be social.

The first part of the book gives an interesting review of the effects of drinking among primitive and modern peoples; and goes into the mental and physical effects of intoxicants, the state of intoxication, and theories of the intoxication impulse. The second part is devoted to the solution of the problem.

"The three questions of practical public interest, about which most of the problems of temperance centre are:

"(1) *Education of the child with reference to temperance and the use of intoxicants generally.* This includes the problem of instruction in the physiology and hygiene of alcohol, ethical teaching, and other resources of the school in leading children toward an ideal of a temperate life.

"(2) *The problem of the saloon.* In this connection appear the problems of legal enactment in regard to the manufacture and sale of liquor, the questions of public approval or disapproval of all forms of drinking; and, considered broadly, estimation of the evils of club life and of various organizations that favor the increase of intoxication; problems of public recreation and hygiene; of the condition of the working man, and provisions for the welfare of the lower classes. The problem spreads out broadly into questions of social ethics, hygiene, and public education.

"(3) *The care, control, and cure of the excessive and abnormal user of intoxicants.* Here enters the problem of punishment for drunkenness, estimation of various methods of cure of intoxication habits, questions of the prevention of hereditary influences, and others that arise in controlling the acts of the excessive drinker."